

## 5-INGREDIENT EASY CHILI

*Serves 6*

*No one will ever guess that this delicious chili was made with just 5 ingredients!*

PREP: 5 MINS COOK: 20 MINS TOTAL: 25 MINS

### INGREDIENTS:

- 1 lb. lean ground beef
- 3 (15 oz.) cans diced tomatoes with green chiles
- 2 (15 oz.) canned pinto beans, drained and rinsed
- 1 small white onion, diced
- 2 Tbsp. chili powder



### DIRECTIONS:

1. In a large stockpot, cook ground beef over medium-high heat until browned, stirring frequently. Drain the excess grease.
2. Add remaining ingredients and stir to combine. Bring to a boil, then reduce heat to medium-low, cover, and simmer for 15 minutes or until the onion is cooked and softened.

Serve warm with additional toppings if desired.

***\*\*You can also make this in the slow cooker. You just need to brown your meat on the stove before adding it and the other ingredients to your slow cooker. Then slow cook the chili on low for 6-8 hours or on high for 3-4 hours.***

Nutrition Information: (Per Serving)

#### **6 servings**

285 calories

5 g fat

35 g carbohydrate

25 g protein

Recipe from:

<http://www.gimmesomeoven.com/5-ingredient-easy-chili-recipe/>