

Slow Cooker Honey Sriracha Chicken

Ingredients

2 tablespoons water
1/3 cup honey
1/3 cup sriracha hot chili sauce
1/2 teaspoon garlic powder
1/2 teaspoon onion powder
1/4 teaspoon salt and pepper
1 1/4 pounds raw boneless skinless chicken breast
1 cup chopped onions

Directions

1. In a slow cooker, combine water, honey, sriracha, garlic powder, and onion powder. Stir until well blended.
2. Season chicken with salt and pepper, add to the slow cooker.
3. Top chicken with chopped onions.
4. Cover and cook on high for 4 hours or on low for 7-8 hours, until chicken is fully cooked.
5. Transfer chicken to a large bowl. Shred with two forks.
6. Return shredded chicken to slow cooker and mix well.

Nutrition Facts

Servings: 5

Amount per serving

Calories **311**

% Daily Value*

Total Fat 8.4g **11%**

Saturated Fat 2.3g **12%**

Cholesterol 101mg **34%**









Sodium 420mg **18%**

Total Carbohydrate 24.4g **9%**

Dietary Fiber 0.6g **2%**

Total Sugars 22.9g

Protein 33.2g

"2 tablespoons water" 2 tbsp Water 0 Calories per serving	
"1/3 cup honey" 1/3 cup Honey, Strained Or Extracted 69 Calories per serving	
"1/3 cup sriracha hot chili sauce" 16 serving Hot Chili Sauce Sriracha Walmart 16 Calories per serving	
"1/2 teaspoon garlic powder" 1/2 tsp Garlic Powder 1 Calorie per serving	
"1/2 teaspoon onion powder" 1/2 tsp Onion Powder 1 Calorie per serving	
"1/4 teaspoon salt and pepper" 1/4 tsp Pepper, Black 0 Calories per serving	
"1 1/4 pounds raw boneless skinless chicken breast" 1 1/4 lb Chicken, Meat Only, Roasted 215 Calories per serving	
"1 cup chopped onions" 1 cup Onions Raw 9 Calories per serving	

Sauce = 95 calories per serving