

Turkey Panini

Ingredients

- 2 slices whole grain bread
- 1 Tablespoon whole seed mustard
- 3 ounces deli turkey breast
- ¼ cup spinach
- 2 slices tomato
- 1 slice provolone cheese



Directions

1. Preheat panini press
2. Spread mustard on one slice of bread, top with turkey, spinach, tomatoes, cheese, and bread
3. Place in panini press for 5 minutes or until panini is heated thoroughly, the cheese is melted and bread is toasted
4. Enjoy!