

Sheet-Pan Chicken Fajitas

Ingredients:

- 2 teaspoons olive oil
- 1 ½ teaspoons lime juice
- 2 Tablespoon Fajita seasoning
- 8 ounces boneless skinless chicken breast
- 2 cups bell peppers, sliced
- 1 cup onion, sliced
- 2 tablespoons fresh cilantro



Directions:

1. Pre heat oven to 400°F. Cover baking sheet with foil, and spray with non-stick cooking spray
2. In a large bowl, mix oil and lime juice. Add Chicken, peppers, onions, and seasoning, stir.
3. Arrange chicken, peppers, and onions on prepared baking sheet. Bake 20 minutes or until chicken's internal temperature is 165°F
4. Top with cilantro and serve

Nutrition Facts

Servings: 3

Amount per serving

Calories **233**

% Daily Value*

Total Fat 9g **11%**

Saturated Fat 2g **10%**

Cholesterol 67mg **22%**

Sodium 419mg **18%**

Total Carbohydrate 14.1g **5%**

Dietary Fiber 1.9g **7%**

Total Sugars 5.7g

Protein 23.1g