

Pork and Rice Casserole

Ingredients

1 tablespoon olive oil
1 pound lean [pork loin](#), chopped
1/2 cup onion, diced
1 cup celery, diced
Cook
2 cups [cooked rice](#)
1 can (10.5 ounces) condensed cream of chicken soup
2 tablespoons reduced sodium [soy sauce](#)
Place in oven safe dish, Bake 350 for 40 minutes



Instructions

1. Add one Tablespoon olive oil into a pan. Cook pork loin until thoroughly cooked.
2. Add onions and celery and cook until done
3. Add rice, cream of chicken soup, and soy sauce. Transfer into an oven safe baking dish and back at 350 F for 40 minutes.

Enjoy!