

# Baked Pumpkin

## Ingredients:

- 1 small pumpkin
- 1/4 cup apple cider
- 1/4 cup maple syrup
- 1/4 cup melted butter

## Instructions:

1. Place whole pie pumpkin in an oven safe dish and back 45 minutes at 350 °F
2. Remove from oven, cut the baked pumpkin in half remove seeds, scoop pulp from skin and spread the pulp into a casserole dish.
3. Top with butter, apple cider, and maple syrup. Bake for another 35 minutes.