

Avocado Tuna Salad

Ingredients

5oz tuna
1 avocado, mashed
1/4 cup apple, diced
1 stalk celery, diced
3 tbsp red onion, diced
2 springs green onion, sliced
1/2 tsp sea salt
1/4 tsp black pepper

Juice of half a lemon



Directions

1. Combine all of the ingredients
2. Top with lemon juice and season further to taste. Add more lemon juice if you plan to store the recipe.