

3 Pepper Pasta Salad

Ingredients

Dressing

½ cup balsamic vinegar
2 tablespoons olive oil
½ teaspoon garlic salt
¼ teaspoon black pepper
2 tablespoons honey
2 teaspoons basil

Salad

16 ounces whole wheat pasta
2 medium green bell peppers, finely diced
2 medium yellow bell peppers, finely diced
2 medium red bell peppers, finely diced
¼ cup crumbled feta

Directions

1. Cook pasta according to package directions.
2. Meanwhile, in a small bowl, whisk together dressing ingredients.
3. Drain and rinse cooked pasta under cold water
4. In a large salad bowl, toss cooked pasta, with peppers, and feta. Drizzle dressing over pasta and toss to coat.

Nutrition Facts

Servings: 10

Amount per serving

Calories **235**

% Daily Value*

Total Fat 4.9g **6%**

Saturated Fat 1g **5%**

Cholesterol 3mg **1%**

Sodium 52mg **2%**

Total Carbohydrate 41.4g **15%**

Dietary Fiber 4.7g **17%**

Total Sugars 6.5g

Protein 6.8g