

Banana Oat Muffins

Ingredients

4 large ripe bananas, mashed
3 cups oats
1 tsp vanilla extract
¼ cup Brown sugar baking blend
2 tbsp (optional): Chocolate chips,
chopped nuts, raisins, chia seeds,
cinnamon, or dried cranberries



Instructions

1. Preheat oven to 350 degrees and grease a mini muffin pan.
2. In a large bowl, mix together banana, oats, vanilla, brown sugar, and optional mix ins.
3. Spoon the mixture into your muffin pan, filling them up close to the top.
4. Bake for 15-18 minutes
5. Cool and enjoy!