

Black Beans with Bell Peppers & Rice

Ingredients:

2 teaspoons olive oil
1 medium orange pepper
1 medium red pepper
1 small onion
1 teaspoons garlic, minced
1 can (15 ounces each) no salt added
black beans, rinsed and drained
1 cup cooked brown rice
1 teaspoon ground cumin
¼ teaspoon dried oregano
½ cups shredded Mexican cheese blend



Instructions:

1. Add olive oil, onion, garlic, orange pepper, and red pepper into pan. Saute for 6 minutes
2. Add black beans, brown rice, cumin, and oregano. Stir and cook.
3. Top with cheese and melt.

Enjoy!