

Breakfast Cake

Ingredients:

2 tablespoons oil
1/4 cup sugar
2 tablespoons cup packed brown sugar
1 large egg, room temperature
1 cup all-purpose flour
1/2 teaspoon baking powder
1/4 teaspoon baking soda
1/2 cup plain greek yogurt
8 ounces crumbled turkey sausage, cooked
1/2 cup frozen blueberries

Directions:

1. In a mixing bowl, add 2 tablespoons oil, 1/4 cup sugar, and 1 large egg, room temperature.
2. Mix
3. Add 2 tablespoons cup packed brown sugar, 1 cup all-purpose flour, 1/2 teaspoon baking powder, and 1/4 teaspoon baking soda.
4. Mix
5. Add 1/2 cup plain greek yogurt
6. Mix
7. Add 8 ounces crumbled turkey sausage, cooked and 1/2 cup frozen blueberries.
8. Stir
9. Place in an oven safe dish, bake at 350 degrees Fahrenheit for 40 minutes.

Enjoy!