

Broccoli Piquant

Ingredients:

- 12 ounces fresh broccoli florets
- 1 tablespoon olive oil
- 1 teaspoon Worcestershire sauce
- 1 teaspoon lemon juice
- ¼ teaspoon salt

Directions:

1. Steam the broccoli for 6 minutes or until the broccoli is tender-crisp
2. Meanwhile, microwave the remaining ingredients in a small bowl for 15 seconds. Stir until smooth
3. Place broccoli on a serving platter and drizzle the sauce evenly over all

Nutrition Facts

Servings: 4

Amount per serving

Calories

61

% Daily Value*

Total Fat 3.8g **5%**

Saturated Fat 0.5g **3%**

Cholesterol 0mg **0%**

Sodium 189mg **8%**

Total Carbohydrate 5.9g **2%**

Dietary Fiber 2.2g **8%**

Total Sugars 1.7g

Protein 2.4g