

# Brownies

## Ingredients:

- 1 cup granulated sugar
- 1 container vanilla yogurt
- 2 tablespoons vegetable oil
- 2 teaspoons vanilla
- 2 egg whites
- 3/4 cup all-purpose flour
- 1/2 cup unsweetened baking cocoa
- 1/2 teaspoon salt



## Instructions:

1. Heat oven to 350°F. Spray 8- or 9-inch square pan with cooking spray.
2. In medium bowl, mix granulated sugar, yogurt, oil, vanilla and egg whites. Stir in all remaining ingredients except powdered sugar. Spread in pan.
3. Bake 25 to 30 minutes or until toothpick inserted in center comes out clean. Cool completely, about 1 hour. Cut into 4 rows by 4 rows. Sprinkle with powdered sugar just before serving.

## Nutrition Facts

Servings: 16

Amount per serving

**Calories** **98**

% Daily Value\*

**Total Fat** 2.1g **3%**

Saturated Fat 0.6g **3%**

**Cholesterol** 0mg **0%**

**Sodium** 82mg **4%**

**Total Carbohydrate** 19.3g **7%**

Dietary Fiber 1.1g **4%**

Total Sugars 13.3g

**Protein** 2.4g