

## Chopped Italian Salad

### *Ingredients:*

- 2-heads Romaine Lettuce, chopped
- 8-oz Turkey breast, cubed
- 4-skim milk Mozzarella Cheese Sticks, cubed
- 1-6oz jar of sliced Pepperoncini Peppers, drained
- 1-6oz jar of roasted Bell Peppers, drained and chopped
- 1/2-small Red Onion, chopped
- 1/2-English Cucumber, chopped
- 1-Tbsp Italian Seasoning
- 2-3Tbsp Olive Oil
- 2-Tbsp Balsamic Glaze



### *Instructions:*

1. Place romaine in a bowl, add turkey, cheese, pepperoncini peppers, roasted bell pepper, red onion and English cucumber in sections around the bowl
2. Sprinkle seasoning evenly over salad
3. Drizzle with olive oil and balsamic glaze
4. Serve and Enjoy!