

# Lemon Barley

## Ingredients

1 1/3 cup water  
2/3 cup quick-cooking barley  
2 tsp olive oil  
1 small onion, thinly sliced  
1 zucchini, diced  
1 large lemon, zested  
Salt and Pepper to taste

## Directions

1. Combine water, and barley in medium pan. Bring to a boil, reduce heat, simmer covered, for 12 minutes. Remove from pan.
2. Add oil to empty pan, heat over medium heat. Add onion and zucchini. Cook until onion is golden, about 8 minutes.
3. Add barley, lemon zest, salt and pepper.
4. Stir and cook until heated thoroughly, enjoy!