

3 Ingredient Lemon Cake

Prep time

5 mins

Cook time

35 mins

Total time

40 mins

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Recipe type: Dessert

Cuisine: American

Serves: 16

Ingredients

- 1 box (18.25 oz.) Pillsbury Moist Supreme Lemon Cake Mix
- 1 can (20 oz.) crushed pineapple in 100% pineapple juice
- 6 oz. (approximately $\frac{3}{4}$ cup) non-fat Greek yogurt - lemon flavor
-OR- ****** $\frac{1}{2}$ tsp lemon extract mixed into $\frac{3}{4}$ cup nonfat plain Greek yogurt ******



Method

1. Preheat oven to 350 degrees, lightly spray a 13x9 baking pan with non-stick spray, you can also take the extra step to line the bottom with parchment paper.
2. In a large mixing bowl combine all three ingredients making sure to mix thoroughly eliminating any pockets of dry cake mix. The batter will be thick.
3. When fully combined, pour the batter into the prepared baking pan. Bake in the preheated oven for 35 - 40 minutes until a tooth pick or cake probe can be inserted and removed cleanly.
4. Cool completely before serving. Cake will be moist and slightly sticky, clean the knife after each cut to prevent the cake from tearing.

Notes

This cake mix box has 18.25 oz of mix and makes 12 servings per the package instructions. If your box contains less mix and makes fewer servings it may work better to withhold a couple tablespoons of yogurt and pineapple so the cake isn't too sticky. This will also affect the nutritional information.

****No lemon yogurt?** No problem! Add $\frac{1}{2}$ tsp of **lemon extract** to plain non-fat Greek yogurt. You could also try other flavors like coconut or pineapple**

Nutrition Information (Per Serving):

Serving size: 1/16

Calories: 130

Fat: 1 g

Carbohydrates: 28 g

Protein: 2 g

Nutrition info from MyFitness Pal

Recipe by Half Her Size at <http://www.halfersize.com/3-ingredient-lemon-cake/>