



PB Banana Yogurt Bowl

SERVINGS: 1 CUP
YIELD: 1

PREP TIME: 5 MIN
TOTAL TIME: 5 MIN

Ingredients

- 2/3 cup Okios Triple Zero Vanilla Greek Yogurt
- 2 Tbsp Peanut Butter Powder
- 1 small banana, sliced
- 1/4 cup old fashioned oats
- 1 Tbsp flax seeds

Directions

1. Using a butter knife, slice banana. Set aside.
2. Add yogurt to a bowl.
3. Mix in peanut butter powder with spoon.
4. Top with oats and chia seeds.
5. Enjoy!

Nutrition Facts	
1 serving per container	
Serving size	1 bowl (0.0g)
Amount Per Serving	
Calories	310
% Daily Value*	
Total Fat	5g6%
Saturated Fat	0g0%
Trans Fat	0g
Cholesterol	0mg0%
Sodium	170mg7%
Total Carbohydrate	46g17%
Dietary Fiber	11g39%
Total Sugars	15g
Includes	0g Added Sugars0%
Protein	26g
Vitamin D	0mcg0%
Calcium	220mg15%
Iron	1.5mg8%
Potassium	560mg10%
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

INGREDIENTS: CULTURED GRADE A NON FAT MILK, WATER, CHICORY ROOT FIBER, CONTAINS LESS THAN 1% OF NATURAL FLAVORS, STEVIA LEAF EXTRACT, LEMON JUICE CONCENTRATE, SEA SALT, VITAMIN D3., BANANA, ROLLED OATS, POWDERED PEANUT BUTTER (ROASTED PEANUTS, SUGAR, SALT), CHIA SEEDS

Cost Per Recipe	Cost Per Serving
\$1.37	\$1.37