

Peanut Butter Apple Wrap

Ingredients

- 1 Flatout flatbread
- 2 tablespoons natural peanut butter
- 1/3 cup matchstick-cut apples
- 2 tablespoons raisins
- 2 tablespoons dried cranberries
- 2 tablespoons granola
- 1/8 teaspoon cinnamon, optional

Directions

1. Spread wrap with peanut butter.
2. Lay apple matchsticks evenly, lengthwise. Evenly top with raisins, cranberries, granola, and cinnamon.
3. Roll the flatbread up.
4. Cut and serve immediately.

Nutrition Facts	
Servings: 1	
Amount per serving	
Calories	407
% Daily Value*	
Total Fat 26g	33%
Saturated Fat 4.3g	21%
Cholesterol 0mg	0%
Sodium 226mg	10%
Total Carbohydrate 60g	22%
Dietary Fiber 16.1g	57%
Total Sugars 24.4g	
Protein 24.2g	