

Pomegranate and Apple Salad

INGREDIENTS

4-5 large Granny Smith apples chopped
Pomegranate seeds from at least 2 pomegranates
1 tub frozen whipped topping thawed

INSTRUCTIONS

1. Combine the whipped cream with apples and pomegranate seeds, saving a few of the seeds to sprinkle on top, and chill in the fridge until it's time to eat!

NUTRITION

Calories: 65kcal | Carbohydrates: 16g | Protein: 1g | Fat: 1g | Saturated Fat: 1g | Cholesterol: 1mg | Sodium: 2mg | Fiber: 3g | Sugar: 12g

