

POWER BALLS



Ingredients

- 1/2 cup chopped dried cranberries
- 1/4 cup finely chopped walnuts
- 1 cup unsweetened coconut (shredded or flakes)
- 1/4 cup flaxseed
- 1/4 cup dark chocolate chips
- 3/4 cup smooth peanut butter
- 1/4 cup maple syrup

Directions

1. In a large bowl, mix all of the dry ingredients together
2. Add the peanut butter and maple syrup
3. Mix all ingredients together
4. Scoop mixture and roll into balls
5. Place on baking sheet that is lined with foil or parchment paper
6. Refrigerate for one hour
7. Enjoy!

Nutrition Facts

Servings: 24

Amount per serving

Calories	89
Total Fat	6.7g
Saturated Fat	2.1g
Cholesterol	0mg
Sodium	3mg
Total Carbohydrate	5.8g
Dietary Fiber	1.3g
Total Sugars	3.7g
Protein	2.7g

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