

## Pumpkin Pie Protein Overnight Oats

### Ingredients

- ½ cup – vanilla Greek yogurt
- ½ cup pureed pumpkin
- ¼ cup oats
- 1 tbsp sweetener
- ¼ tsp Pumpkin pie spice

### Directions:

1. Combine all ingredients, place in air tight container.
2. Refrigerate overnight. Top with optional pumpkin seeds and enjoy!

