

Single Serve Apple Crumble

Ingredients:

- 1 ½ cups diced Granny Smith apples
- ¼ teaspoon vanilla
- Nutmeg
- 1 teaspoon brown sugar blend
- 1/8 teaspoon cinnamon
- 2 tablespoons oats
- 1 ½ teaspoons whole wheat flour
- 1 teaspoon butter
- 1 teaspoons brown sugar blend
- 1/8 teaspoon cinnamon



Directions:

1. In a microwavable cup, add diced Granny Smith apples, vanilla, dash of nutmeg, brown sugar blend, cinnamon. Stir together.
2. Microwave for 2 minutes
3. In a separate bowl, mix together, oats, whole-wheat flour, butter, brown sugar blend, and cinnamon. Stir together.
4. Top apples with crumble mixture. Microwave 1 minute.