

Snack Boxes

Ingredients:

Box 1:

5 ounces mixed berry yogurt Greek yogurt, non fat

½ cup sliced strawberries

1 ounce walnuts

Box 2

5 ounces garden cottage cheese, low fat

½ cup sliced bell peppers

¼ cup cherry tomatoes, sliced

Directions:

Box 1:

1. In a snack box, add 5 ounces mixed berry yogurt Greek yogurt, non fat and top with ½ cup sliced strawberries.
2. In the side container, add 1 ounce walnuts.

Enjoy!

Box 2:

1. In a snack box, add 5 ounces garden cottage cheese, low fat and top with ½ cup sliced bell peppers.
2. In the side container, add ¼ cup cherry tomatoes, sliced.

Enjoy!