

## Tangy Tex-Mex Slaw

### ***Ingredients:***

1/3 cup fat-free sour cream  
2 tbsp. lime juice  
1 tbsp. white wine vinegar  
2 tsp. low-sodium taco seasoning mix  
1/4 tsp. salt  
One 12-oz. bag (about 4 cups) broccoli  
coleslaw  
1/2 cup frozen sweet corn kernels, thawed  
1/2 cup canned black beans, drained and rinsed  
1/2 cup finely chopped red bell pepper  
1/3 cup finely chopped red onion  
1/4 cup chopped cilantro



### ***Directions:***

In a large bowl, combine sour cream, lime juice, vinegar, taco seasoning, and salt. Whisk until uniform.

Add all remaining ingredients, and toss to coat. Eat up!

**MAKES 8 SERVINGS**

Nutrition information: (per serving)

### **1/8th of recipe (about 2/3 cup)**

50 calories  
<0.5g fat  
10g carbs  
2.5g protein

Recipe from:

<http://www.hungry-girl.com/weekly-recipes/show/2633-healthy-summer-side-dish-recipes-melon-salad-tex-mex-slaw>