

Triple Berry Granola Crisp

Ingredients

- 1 bag (8 oz) frozen blueberries
- 1 bag (10 oz) frozen strawberries
- 1 bag (10 oz) frozen raspberries
- 2 tablespoons all-purpose flour
- 1 ½ cups granola *

Directions

1. Heat oven to 375°F. In ungreased 8-inch square (2-quart) glass baking dish, mix frozen berries and flour until fruit is coated.
2. Bake uncovered 20 minutes. Stir fruit mixture. Sprinkle with granola.
3. Bake 15 minutes longer or until light golden brown and bubbly. Let stand 5 to 10 minutes before serving.

*Homemade topping can be used in place of store bought granola

- 1 ¼ cup oatmeal
- 2 tablespoon brown sugar substitute blend
- 2 tablespoon flour
- ½ c tablespoons butter, melted

Nutrition Facts

Servings: 9

Amount per serving	
Calories	94
% Daily Value*	
Total Fat 10.2g	13%
Saturated Fat 1.7g	8%
Cholesterol 0mg	0%
Sodium 11mg	0%
Total Carbohydrate 32.8g	12%
Dietary Fiber 7g	25%
Total Sugars 13.6g	
Protein 7g	