

Watermelon and Cucumber Salad

Ingredients:

- ½ large watermelon, diced
- 1 cucumber, diced
- 1 red onion, chopped
- 1 tsp salt, to taste
- ½ cup feta cheese
- ⅓ cup balsamic vinegar



Directions:

1. Cut a large watermelon in half lengthwise.
2. Dice half of the watermelon and save the rind for later.
3. Place watermelon, cucumber, red onion, salt, and balsamic vinegar into large bowl and mix together. Chill and serve.
4. Enjoy!

1 cup serving

Nutrition Facts

Servings: 10

Amount per serving

Calories **70**

% Daily Value*

Total Fat 2g **3%**

Saturated Fat 1.4g **7%**

Cholesterol 8mg **3%**

Sodium 330mg **14%**

Total Carbohydrate 11.7g **4%**

Dietary Fiber 0.9g **3%**

Total Sugars 8.8g

Protein 2.3g