

Caregiver and Person Living with Dementia Support Group

Second Tuesday of Every Month



2025 DATES

Mark these
dates on your
calendar:

2/11/25
3/11/25
4/8/25
5/13/25
6/10/25
7/8/25
8/12/25
9/9/25
10/14/25
11/11/25
12/9/25

Time:

Second Tuesdays
5:30 - 6:30 p.m.

Location:

OKC Indian Clinic:
(Everett R. Rhoades Medical Building)
5208 W Reno Ave.
OKC, OK 73127
3rd Floor Boardroom

Register now:

Jennifer Williams
(405) 948-4900 ext. 121
www.okcic.com

Build a support system with people who understand.

Alzheimer's Association® support groups, conducted by trained facilitators, are a safe place for people living with dementia and their care partners to:

- Develop a support system
- Exchange practical information on challenges and possible solutions.
- Talk through issues and ways of coping Share feelings, needs, and concerns.
- Learn about community resources.

Visit alz.org/Oklahoma to learn more about caregiver programs and resources. To further extend your network of support, visit ALZ Connected®, our online community, at alzconnected.org.