

“Run to the Beat of the Drum”

2026 Walk for Wellness and 5K Fun Run

Saturday, May 16, 2026

**Route 66 Park: 9901 NW 23rd
St. Oklahoma City, OK 73099**

Health Fair Free @ 8:00 a.m.

One mile walk Free @ 9:30 a.m.

5K Fun Run \$30* @ 8:30 a.m.

**Processing fees apply*



Run to the Beat of the Drum is an energetic run through Route 66 Park at Lake Overholser. Those who participate in the one mile walk will receive a FREE T-shirt and 5K Fun Run participants will receive a T-shirt and medal. Register before **April 24, 2026** to guarantee your FREE T-shirt.

Patients and non-patients are welcome.

For more information, please contact (405) 948-4900 ext. 618 or visit www.okcic.com/event/walk-for-wellness-and-5k-run/

Calling all artists!

Participate in a design competition where the winning design will get an OKCIC Swag Bag and their image on all Walk for Wellness T-shirts given to participants. Submission deadline is **March 2, 2025**.

