

“Run to the Beat of the Drum”

2026 Walk for Wellness and 5K Fun Run

Saturday, May 16, 2026

**Route 66 Park: 9901 NW 23rd
St. Oklahoma City, OK 73099**

Health Fair Free @ 8:00 a.m.

One mile walk Free @ 9:30 a.m.

5K Fun Run \$30* @ 8:30 a.m.

*Processing fees apply

Run to the Beat of the Drum is an energetic run through Route 66 Park at Lake Overholser. Those who participate in the one mile walk will receive a FREE T-shirt and 5K Fun Run participants will receive a T-shirt and medal. Register before **April 24, 2026** to guarantee your FREE T-shirt.

Patients and non-patients are welcome.

For more information, please contact (405) 948-4900 ext. 618 or visit www.okcic.com/event/walk-for-wellness-and-5k-run/



Calling all artists!

Participate in a design competition where the winning design will get an OKCIC Swag Bag and their image on all Walk for Wellness T-shirts given to participants. Submission deadline is **March 2, 2025**.

